



Primary School Meals

Week 1



V **Vegetarian Option**
Vegetarian meals have no meat, just veggies, fruits, and grains!

★ **Star Choice**
1 of your 5 a day! How many stars can you get in a week?

W **Welsh Produce**
Local food produced in Wales.

Monday

Chicken Pie
Or
v Tomato & Basil Pasta

Sides
Mashed Potatoes
Crusty Bread
* Broccoli | * Sweetcorn

Dessert
Flapjack & Fruit v

Tuesday

* Beef Burger Bap
Or
* v Quorn Curry & Naan

Sides
Fries | Rice
* Baked Beans
* Peas

Dessert
Mini Donuts & Fruit v

Wednesday

* Pork Sausage
Or
v Quorn Fillet

Sides
Yorkshire Pudding
Mashed Potatoes
* Farmhouse Vegetables

Dessert
Jam Sponge & Custard & Fruit v

Thursday

* Pasta Bolognaise
Or
v Omelette

Sides
Pasta
Filled Potato Skins
* Broccoli | * Beans

Dessert
Cocoa Cookie & Fruit v

Friday

Fish Fingers
Or
v Quorn Dippers

Sides
Chips
* Peas
* Rainbow Salad

Dessert
Jelly & Fruit v

Available Daily

Filled Jacket Potatoes v
Sandwiches are available on:
Tuesday and Thursday
* Yoghurt and Fruit v

Special dietary requirements can be catered for contact schoolmeals@wrexham.gov.uk

V **Vegetarian Option** : Excludes meat, poultry, and fish, but may include dairy products, eggs, and honey.

A filled jacket potato or a cheese, tuna or ham sandwich can be pre-ordered as an alternative main course choice.

* Yoghurt, fresh or tinned fruit will be offered as an alternative dessert.

Menu may be subject to change.

Did you know...
Your food is
Welsh?



 Please visit our website for more information